

THE PARAS WORLD SCHOOL, INDIA

BREAKFAST AND LUNCH MENU - JULY, 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 ST HOLIDAY	2 ND HOLIDAY
4 TH PAO, BHAJI WITH FRUIT	5 TH VEG. POHA WITH SAUCE AND FRUIT	6 TH HOLIDAY EID-UL-FITR	7 TH VEG.UTTHAPAM, COCONUT CHUTNEY AND FRUIT	8 TH VEG.PATTIES, SAUCE, FRUIT	9 TH HOLIDAY
DAL PUNJABI, MUTTER PANEER, STEAMED RICE, BALUSHAHI	RED MASOOR DAL. JEERA RICE, SHAHI TINDEY AND MANGO SLICE CAKE		PINDI CHOLEY, POORI, VEG.JALFREZI,	VEG.CHOWMEIN, VEG. MANCHURIAN. MARBLE CAKE	
11 TH MASALA IDLY, SAUCE, FRUIT	12 TH BATATA VADA, PAO GREEN CHUTNEY, FRUIT	13 TH VEG.MACRONI, ONION BREAD, MUFFIN	14 TH MATAR KULCHA, GREEN CHUTNEY AND FRUIT	15 TH DAL PARANTHA, RASEDAR ALOO, FRUIT	16 TH HOLIDAY
HYDERABADI VEG. BIRYANI, BOONDI RAITA, LADDOO	KADHI PAKORA, STEAMED RICE, ALOO CAPSICUM ,	SOYA CHAAP MASALA, MOONG DHULI DAL PLAIN PARANTHA, FRUIT	DAL MAKHANI, BHINDI DO PYAZA, ROTI, CUCUMBER RAITA	FOCACCIA BREAD, VEG. FRIED RICE, MUNCHURIAN, ORANGE SPONGE CAKE	
18 TH MULTI GRAIN BURGER WITH ALOO TIKKI AND FRUIT	19 TH BREAD ROLL WITH SUACE AND FRUIT	20 TH VEGETABLE POHA WITH SAUCE AND FRUIT	21 ST ALOO PARANTHA WITH CURED AND FRUIT	22 ND SAMOSA WITH IMLI CHUTNEY AND FRUIT	23 RD HOLIDAY
DAL-E-KHAS, PANEER MUGHLAI, ROTI, KESARIA KHEER	ALOO POORI, KHATTA MEETHA SITAPHAL, SUJI HALWA	CHHOLEY CHAWAL, AJWAINI ARBI LADDOO	LEMON RICE, DAL WADA, IDLI, TOMATO CHUTNEY	VEG PASTA IN RED SAUCE, FOCACIA BREAD AND FRIES WITH MUFFIN.	
25 TH PANEER PYAZ KA PARANTHA WITH CURD AND FRUIT	26 TH PAO BHAJI WITH FRUIT	27 TH VEG VERMICILLI WITH SAUCE AND FRUIT	28 TH RAWA IDLI, SAMBHAR, COCONUT CHUTNEY AND FRUIT	29 TH BREAD PAKODA WITH SAUCE AND FRUIT	30 TH HOLIDAY
HYDERABADI VEG. BIRYANI, BOONDI RAITA, LADDOO	KADHI PAKORA, STEAMED RICE, MIX VEG. , CAKE SLICE	DAL PUNJABI, AJWAINI ARBI, BOONDI RAITA, ROTI	VEGETABLE AND PANEER ROLLS WITH MINT RAITA	KASHMIRI RAJMAH, VEG. JALFREZI, BOILED RICE AND MUFFIN	