

# PARAS WORLD SCHOOL

## Breakfast and Lunch Menu-March, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1ST IDLI SAMBHAR COCONUT CHUTNEY FRUIT	2ND PAO BHAJI  FRUIT	3RD CUCUMBER TOMATO AND CHEESE SANDWICHES CUTLET AND FRUIT	4TH
		DAL MAKHNI KADHAI PANEER ROTI SWEET	SAFED CHANA, RICE, MIX VEGETABLE MINT RAITA	HAKKA NOODLES VEG MANCHURIAN MUFFINS	
6TH SPROUTS POHA CURD FRUIT	7TH ALOO PARANTHA CURD FRUIT	8TH VEG. VERMICELLI SAUCE FRUIT	9TH DAL PARANTHA ALOO MATAR KI SABJI AND FRUIT	10TH MATAR KULCHA MINT CHTNEY FRUIT	11TH
RAJMAH RICE ALOO CAPSICUM MINT RAITA	SABUT MOONG DAL MATAR MUSHROOM ROTI	VEGETABLE AND PANEER ROLLS CUCUMBER RAITA MEETHI BOONDI	KADHI CHAWAL ALOO BEANS	POORI ALOO BOONDI RAITA GUJIA	
13TH HOLIDAY	14TH ALOO PYAZ KA PARANTHA CURD FRUIT	15TH CUCUMBER TOMATO SANDWICHES FRUIT	16TH VADA, PAO GREEN CHATNEY FRUIT	17TH IDLI COCONUT CHUTNEY SAMBHAR FRUIT	18TH
	KALA CHANA RICE GHIYA KOFTA MINT RAITA	HYDERABADI VEG BIRYANI BOONDI RAITA COCONUT LADDOO	GATTA KADHI, ACHARI ALOO, AJWAINI PARANTHA	FRIED RICE CHILLY PANEER IN GARLIC SAUCE CAKE SLICE	
20 <sup>TH</sup> VEG UPAMA GREEN CHATNEY FRUIT	21 <sup>ST</sup> DAL PARANTHA WITH PANEER BHURJI AND FRUIT	22 <sup>ND</sup> VEG PATTY, SAUCE AND FRUIT	23 <sup>RD</sup> VEG POHA SAUCE FRUIT	24 <sup>TH</sup> TOMATO CHEESE AND CUCUMBER SANDWICHES WITH FRUIT	
CHANA URAD DAL, PANEER CAPSICUM, BHUNA JEERA DAHI AND ROTI	ARHAR DAL, RICE, VEG JALFREZI AND BARFI	POORI ALOO, BLACK CHANA AND MEETHI BOONDI	VEGETABLE BIRYANI BOONDI RAITA	VEGETABLE AND PANEER ROLLS WITH BOONDI RAITA AND GREEN CHUTNEY	