

PARAS WORLD SCHOOL

BREAKFAST AND LUNCH MENU-APRIL 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 RD VEG POHA CURD FRUIT	4 TH CUCUCUMBER AND TOMATO SANDWICHES FRUIT	5 TH RAM NAVAMI HOLIDAY	6 TH IDLI SAMBHAR, FRUIT	7 TH ALOO PYAZ KA PARANTHA CURD FRUIT	8 TH HOLIDAY
DAL MAKHANI MIX VEGETABLE ROTI	RAJMAH, RICE JEERA ALOO MUFFINES		CHANA URAD DAL, ALOO CAPSICUM, ROTI BOONDI RAITA	PASTA IN RED SAUCE GARLIC BREAD SLICE CAKE	
10 TH MATAR KULCHA MINT CHUTNEY FRUIT	11 TH VEG. VERMICILLI SAUCE FRUIT	12 TH DAL PARANTHA TAMATAR ALOO SABZI FRUIT	13 TH SPROUTS POHA AND FRUIT CUSTARD	14 TH GOOD FRIDAY HOLIDAY	15 TH HOLIDAY
ARHAR DAL NUTRELLA MATAR ROTI, RICE	DAL MAKHNI, PANEER MAKHANI, ROTI MINT RAITA	VEGETABLE AND PANEER ROLLS BOONDI RAITA COCONUT LADDOO	BLACK MASOOR DAL, ACHARI ALOO ROTI, RICE		
17 TH PAO BHAJI WITH FRUIT	18 TH VEG. UPMA FRUIT SAUCE	19 TH CHEESE AND CUCUMBER SANDWICHES CAKE SLICE	20 TH VEG. MACRONI SAUCE, FRUIT CUSTARD	21 ST VEG. POHA CURD AND FRUIT	22 ND HOLIDAY
CHOLEY CHAWAL CURD MUFFINS	DAL PANCHRATNI, LAUKI KOFTA ROTI MEETHI BOONDI	KADHI, RICE, VEG JALFREZI, SUJI HALWA	YELLOW DAL TADKA BHINDI MASALA, ROTI	VEG. NOODLES, VEG. MANCHURIAN, CAKE SLICE	
24 TH VEGETABLE UTTHAPAM COCONUT CHUTNEY FRUIT	25 TH SPROUTS POHA SAUCE FRUIT	26 TH MATAR KULCHA MINT CHUTNEY FRUIT	27 TH PAO BHAJI FRUIT	28 TH BREAD PAKODA, SAUCE FRUIT	29 TH HOLIDAY
HARI MOONG DAL, KADHAI PANEER, ROTI RASGULLA	LEMON RICE, DAL VADA, SAMBHAR , KESHARI BHAT	CHANA URAD DAL, BHINDI MASALA AJWAINI PARANTHA BHUNA JEERA CURD	RAJMAH RICE, ALOO CAPSICUM , MINT RAITA	VEG. AND PANEER ROLLS MINT CHATNEY PINEAPPLE CAKE SLICE	
31 ST CHOLESLOW SANDWICH FRUIT					
HARI MOONG DAL, KADHAI PANEER, ROTI, RICE					