

# PARAS WORLD SCHOOL

## BREAKFAST AND LUNCH MENU-FEBRUARY, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <sup>ST</sup> PAO BHAJI WITH GREEN CHUTNEY FRUIT	2 <sup>ND</sup> VEG MACRONI VERMICILLI KHEER	3 <sup>RD</sup> <b>HOLIDAY</b>
			DAL PANCHRATNI, PALAK PANEER ROTI	VEG MANCHURIAN VEGETABLE FRIED RICE AND FRUIT	
5 <sup>TH</sup> STEAMED IDLI SAMBHAR COCONUT CHUTNEY FRUIT	6 <sup>TH</sup> PYAZ ALOO KA PARANTHA CURD FRUIT	7 <sup>TH</sup> VEG SANDWICHES FRUIT	8 <sup>TH</sup> VEGETABLE VERMICILLI FRUIT CUSTARD	9 <sup>TH</sup> BREAD PAKODA SAUCE FRUIT	10
HARI MOONG DAL, ADRARI ALOO GOBHI, ROTI TILL CHIKKI	KADHI, CHAWAL, GAJAR ALOO MUSHROOM KI SABZI	DAL MAKHANI ALOO MATAR DRY, AJWAINI PARANTHA	MOONG MASOOR DAL, JEERA RICE HARE PYAZ WALE MATAR MUSHROOM	POORI, ALOO, KHATTA MEETHA SITAPHAL RICE KHEER	
12 <sup>TH</sup> ALOO PYAZ KA PARANTHA CURD AND FRUIT	13 <sup>TH</sup> <b>MAHA SHIVRATRI HOLIDAY</b>	14 <sup>TH</sup> PAO BHAJI GREEN CHUTNEY FRUIT	15 <sup>TH</sup> VEG UPAMA SAUCE FRUIT	16 <sup>TH</sup> PALAK METHI KA PARANTHA, RASEDAAR ALOO AND FRUIT	17 <sup>TH</sup>
RAJMAH RICE GAJAR MATAR CAPSICUM KI SABZI TILL CHIKKI		MATAR PANEER DAL MAKHNI ROTI	LEMON RICE DAL VADA COCONUT CHUTNEY VEGETABLE STEW	PASTA IN RED SAUCE GARLIC BREAD CAKE SLICE	
19 <sup>TH</sup> SPROUTS POHA CURD FRUIT CUSTARD	20 <sup>TH</sup> CINNAMON AND SUGAR DANISH VEG CUTLET	21 <sup>ST</sup> IDLI, SAMBAR COCONUT CHUTNEY FRUIT	22 <sup>ND</sup> MASALA CROISSANT WITH VERMICILLI KHEER	23 <sup>RD</sup> MAHARASHTRA SPECIAL VADA PAV GREEN CHUTNEY AND FRUIT	24 <sup>TH</sup> <b>HOLIDAY</b>
CHANA URAD DAL, PALAK PANEER ROTI	ARHAR DAL JEERA ALOO RICE BESAN BURFI	AMRITSARI ADRARI CHANA MASALA DHANIYA KULCHA, GREEN CHUTNEY	SAFED LOBIYA ALOO DUM KASHMIRI, ROTI	VEG & PANEER KATHI ROLLS GREEN CHUTNEY COCONUT LADDOO	
26 <sup>TH</sup> CHEESE, CUCUMBER SANDWICHES HARA BHARA KABAB , GREEN CHUTNEY	27 <sup>TH</sup> DAL PARANTHA ALOO MATAR FRUIT	28 <sup>TH</sup> STEAMED IDLI SAMBAR COCONUT CHUTNEY FRUIT			
CORN PALAK, RAJASTHANI GATTA KADHI, ROTI	KADHI CHAWAL ALOO METHI	SAFED CHANA STEAMED RICE MINT RAITA			