

PARAS WORLD SCHOOL

BREAKFAST AND LUNCH MENU-MARCH, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1st Bedmi Poori Aloo ki Rasedaar Sabzi Fruit	2nd Holi	3rd Holiday
			Veg & Nutrella Biryani Raita Gujia		
5th Steamed Idli Sambhar Coconut Chutney Fruit	6th Pyaz Aloo Ka Parantha With Pickle, Curd And Fruit	7th Cheese, Tomato And Cucumber Sandwiche Fruit	8th Vegetable Vermicilli With Fruit Custard	9th Bread Pakoda Sauce Fruit	10 Holiday
Hari Moong Dal Soya Chap Masala, Roti Curd	Kadhi, Chawal, Mix Vegetable Meethi Boondi	Dal Makhani, Aloo Matar Dry, Ajwaini Parantha And Pudina Raita	Moong Masoor Dal, Jeera Rice Capsicum Paneer Boondi Raita	Vegetable Hakka Noodles Veg. Manchrian Muffins.	
12th Vegetable Upma Sauce Fruit Custard	13th Pao Bhaji Green Chutney Fruit	14th Masala Croissant With Rice Kheer	15th Coleslow Sandwich Sauce Fruit	16th Palak Methi Ka Parantha Rasedaar Aloo Fruit	17th Holiday
Rajmah Rice Gajar Matar Capsicum Ki Sabzi Mint Raita	Achari Aloo Palak Chana Dal Roti	Vegetable And Paneer Rolls Boondi Raita	Lemon Rice Dal Vada Coconut Chatney Sambar	Pasta In Red Sauce, Garlic Bread Cake Slice	